

# ENERGISE YOUR LIFE!

Background  
colour: Sky  
Blue and Light  
Blue mix  
together  
Diagonal up

Moving Picture form Clip art or Google

Title-Ariel Black  
Size 36  
Colour- Gold and  
Red

# INTRODUCTION

Picture from  
Clip art

- [Hyperlink to Healthy Eating](#)
- [Hyperlink to Fitness](#)
- [Hyperlink to Smoking](#)
- [Hyperlink to Home](#)

Picture from  
Clip art

Picture from  
Clip art

Title-Ariel Black  
Size 36  
Colour- Gold and  
Red

# HEALTHY EATING

Text for Basic info

- Hyperlink to external website
  - Link to the Homepage

Title-Ariel Black  
Size 36  
Colour- Gold and Red

Fact 1

Fact 2

Fact 3

# FITNESS

Text and Image

Text for Basic info

- Hyperlink to external website
  - Link to the Homepage

Title-Ariel Black  
Size 36  
Colour- Gold and Red

Fact 1

Fact 2

Fact 3

# SMOKING

Text and Image

Text for Basic  
info

- Hyperlink to external website
  - Link to the Homepage

Title-Ariel Black  
Size 36  
Colour- Gold and  
Red

Fact 1

Fact 2

Fact 3