

HEALTHY EATING

Picture

Moving Picture

Moving Picture

Peoples Favourite Veggies

Colour
Pale
green
Arial
size 11

Table of Peoples Favourite Veggies

Good food

Info about Good Food

Colour
Pale
green
Arial
size 16

Pictures

Bad Food

Info about Bad Food

Colour
Pale
green
Arial
size 36

Pictures

EXERCISE

Information

Colour
Pale Green
Arial
size 28

Moving
Picture

Moving
Picture

Moving
Picture

Moving
Picture

Moving
Picture

CHANGE YOUR EATING AND LIFE STYLE

Moving
Picture

Info of web address

Colour
Pale
green
Arial
size 18

Moving
Picture